

## Family Constitution

We the people of the Sapio family, do dedicate our family to the task of enriching others lives. We the people of the Sapio family, in order to form a more perfect union, do establish these two basic principles:

Love and honor our Creator. Love and respect others.

We honor Mom and Dad by obeying them.

We honor others and our possessions by putting things away after we have used them.

We honor our commitment to the family by performing all chores responsibly.

We honor friends and family by having good manners and exercising responsibility toward others.

We live life to the fullest, we take chances with people and things, and we don't play small.

We don't gossip.

## Our Family's Core Values:

**Simplicity:** We enjoy keeping all aspects of our lives as simple as possible. We avoid extravagance. We avoid "toys" and demonstrations of wealth. We enjoy keeping debts low and our lives very simple

**Personal Growth:** Pursuing opportunities to increase our knowledge is a primary motivator for us. We realize that all progress starts with the pursuit of knowledge.

**Maintaining Deep Relationships:** We seek opportunities to grow and nurture strong, loving relationships with quality individuals, couples, and families.

**Teamwork:** We know that when we work as a team, a far more leveraged result is possible.

**Money Making:** We enjoy making money and investing it. We aim to maximize profit in our business endeavors.

**Physical & Spiritual Well Being:** We maintain healthy practices including diet, exercise, meditation, and the avoidance of things that may damage our health.

**Family:** Our family is our personal foundation. We cherish our time together. We individually look for opportunities to grow when we are together.

**Charity:** We believe that by giving, not only will the world be rewarded, but it will come back to us 10+ fold.



"How you do anything is how you do everything."

"The difference between successful people, and extremely successful people, is that extremely successful people say 'No' to almost everything". Warren Buffet

"Manage your money. Until you can show that you can handle what you've got, you won't get any more from the universe. The habit of managing your money is more important than the amount!"

"Anything is possible with the right attitude, the right discipline, and the right work ethic."

## Family Prayer

Our life, our God. First and foremost, I am a loving husband to the most wonderful woman in the world, my wife, Melissa. The universe has singled us out as the most successful couple on earth.

Success flows to us. Happiness flows to us. Opportunities to form incredible relationships flow to us. Opportunities to give back to the world in impactful ways flow to us. Opportunities to leverage our time and money flow to us. Opportunities to earn and give away millions of dollars flow to us.

We keep the moving parts in our lives down to a minimum. We love others. We value being healthy and lean, personal growth, success and working hard to be successful, simplicity, frugality and non-judgment.

Thank you Lord for giving us everything.

## Ben Franklins 13 Virtues

**Temperance:** Eat not to dullness; drink not to elevation.

**Silence:** Speak not but what may benefit others or yourself; avoid trifling conversation.

**Order:** Let all your things have their places; let each part of your business have its time.

**Resolution:** Resolve to perform what you ought; perform without fail what you resolve.

**Frugality:** Make no expense but to do good to others or yourself; i.e., waste nothing.

**Industry:** Lose no time; be always employed in something useful; cut off all unnecessary actions.

**Sincerity:** Use no hurtful deceit; think innocently and justly, and, if you speak, speak accordingly.

**Justice:** Wrong none by doing injuries, or omitting the benefits that are your duty.

**Moderation:** Avoid extremes; forbear resenting injuries so much as you think they deserve.

**Cleanliness:** Tolerate no uncleanness in body, clothes, or habitation.

**Tranquility:** Be not disturbed at trifles, or at accidents common or unavoidable.

**Chastity:** Rarely use venery but for health or offspring, never to dullness, weakness, or the injury of your own or another's peace or reputation.

**Humility:** Imitate Jesus and Socrates.